

"Mixin' It Up with Senior Access"

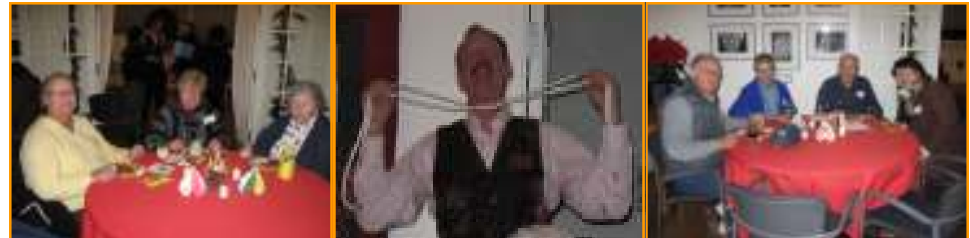


GEORGE'S CLUB

A Social Club for Folks with Memory Loss

George's Club is the new name for the same program you know and love. Our tight-knit gang inspired the change. After all, friendship has been the cornerstone of Senior Access for more than 37 years. Now we have a name that reflects the bond that ties the Senior Access family together. We'll continue the fun of Tai Chi, balloon volleyball, decoupage, sing-alongs, gardening, and all the great activities that keep everyone active and engaged.

"We had so much fun with the other families; let's do it again soon!"



Did You Know? As a non-profit, Senior Access keeps its program affordable by relying on philanthropy. The \$95 fee pays for less than half the cost of running the program each day. Everyone can make a difference! Please consider making a gift today. You can donate through our website at www.senioraccess.org. It's that easy!

Q: What's green and sings "You ain't nothing but a hound dog?"

A: Elvis Parsley

Caricatures by Rhonda ♥ rhonadraws@gmail.com

Senior Access
ADULT DAY SERVICES

70 Skyview Terrace
San Rafael, CA 94903

Become a FAN of Senior Access
on our Facebook page: [Senior Access](#)
Visit our website at www.senioraccess.org

Engage. Enrich. Enjoy.



ARTS INITIATIVE



Program Director Jen and Activity Director Michelle have kicked off a fusion of art projects like book making, water color greeting cards, shibori (Japanese folded paper dyeing) and Italian marbled paper. The projects improve manual dexterity, encourage decision making, stimulate creativity, foster independent thinking, improve eye-hand coordination AND make beautiful works of art!

Caregivers — You're Not Alone

Family caregivers are the backbone of our long-term care system. The National Alliance for Caregiving and AARP estimate that 21% of the US population over the age of 18 provides unpaid care to another adult. This translates into 44,443,800 caregivers in the US.



WORKSHOPS, EVENTS and GATHERINGS

Just for you!

WEDNESDAY, SEPTEMBER 22 - 6 to 8 pm

Senior Access and Hired Hands Homecare present
Surviving the Storm: *Tools to Cope with Suffering and Grief*
Featuring Dr. Patrick Arbore, Institute on Aging
Care provided by Hired Hands Homecare
Light refreshments provided by Drake Terrace

THURSDAY, OCTOBER 14 - 6 to 8 pm

Atria Tamalpais Creek presents
Everything in It's Own Time: *Tipping Points and Care Decisions*
Featuring Laurie White, MSW, Dementia Care Specialist
Care provided
Light refreshments provided by Drake Terrace

WEDNESDAY, OCTOBER 27 - 6 to 8 pm

George's Club Open House
Join us for refreshments and a public display of our artwork

WEDNESDAY, DECEMBER 8 - 5:30 to 7:30 pm

Family Holiday Event
We're decking the halls and lighting the lights
You won't want to miss it!

All events are held at:

Senior Access, 70 Skyview Terrace, San Rafael
RSVP to Mimi Schreiber at 415-491-2500 ext. 19
Or sign up online at www.senioraccess.org

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Many thanks to our special donors:
Atria Tamalpais Creek, Drake Terrace, Hired Hands and an anonymous donor

